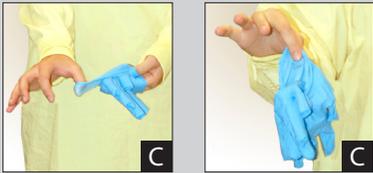
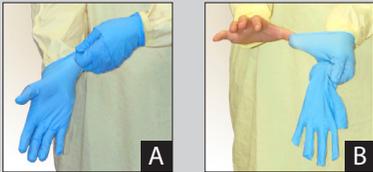


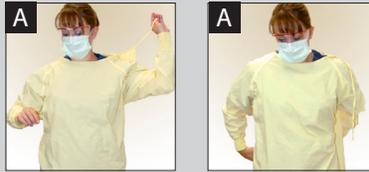
# Taking off (Doffing) Personal Protective Equipment (PPE)

## 1 Gloves



- A** Grasp the outside edge of the glove near the wrist and peel away from the hand, turning the glove inside-out.
- Hold the glove in the opposite gloved hand.
- B** Slide an ungloved finger or thumb under the wrist of the remaining glove.
- C** Peel the glove off and over the first glove, making a bag for both gloves. Put the gloves in the garbage.

## 3 Gown



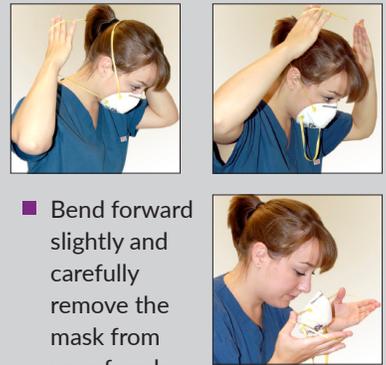
- A** Carefully unfasten ties.
- B** Grasp the outside of the gown at the back of the shoulders and pull the gown down over the arms.
- C** Turn the gown inside out during removal.
- Put in hamper or, if disposable, put in garbage.

## 5 Eye protection or face shield



- Handle only by headband or ear pieces.
- Carefully pull away from face.
- Put reusable items in appropriate area for cleaning.
- Put disposable items into garbage.

## 6 Mask or N95 respirator



- Bend forward slightly and carefully remove the mask from your face by touching only the ties or elastic bands.
- Start with the bottom tie, then remove the top tie.
- Throw the mask in the garbage.

There are different styles of N95 respirators but all styles have the same basic steps for doffing.

## 7 HAND HYGIENE

Clean your hands. (See No. 2)

## 2 HAND HYGIENE



- A** Using an alcohol-based hand rub is the preferred way to clean your hands.
- B** If your hands look or feel dirty, soap and water must be used to wash your hands.

## 4 HAND HYGIENE



- Clean your hands. (See No. 2)
- Exit the patient room, close the door and clean your hands again.

Note:

### Airborne precautions (N95):

Do steps 5 and 6 OUTSIDE the patient's room (anteroom).

### Droplet-Contact precautions (mask with visor):

Do steps 5 and 6 INSIDE the patient's room.

Careful attention to hand hygiene after removing soiled PPE reduces the risk of self-contamination.

Always ensure that hands are clean immediately prior to removing face shield and/or mask.

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