Recommendations for Transition Periods:

1) **give a verbal warning before the time - can be 1 minute or a 5 minute and 1 minute warning**
2) **use a a visual timer so that he can see how much time remains (start it when 5 minutes left)**
3) **use a peer to transition inside from outside - children often are more willing to transition with a peer**
4) **use an incentive to transition - hold something that helps the teacher or is a fidget that he likes to hold**
5) **use a reward system - can do something special at the end of the day if he completes all of his transitions well (can use stars on a chart etc) - reward can be something he gets at home ar gets to do at school at the end of the day - similar to a token system**
6) **use a social story in conjunction with any of the above**