Sensory Equipment and Strategies Oral Motor

Equipment/Strategies	Availabiblity	Purpose
Chewies	Westpaw Designs Available at Critter Jungle (Carling and Kirkwood) And Pet Valu - non-toxic - most indestructible non-toxic dog chew	For intense chewers who eat through everything else
	-FDMT - School Specialty	- looks like jewelry – not for intense chewers
teething bling	non-toxic, phthalate, BPA, PVC, latex and lead free and all pendants come with a breakaway clasp as an added safety measure. They are even dishwasher friendly! www.bellylaughs.ca	-looks like jewelry – for girls who need to bite occasionally Not for intense chewers - donut is available in black for boys

	FDMT	- for low tone chewers - available in different scents – be careful re allergies and toxic chemicals
	FDMT School Specialty	Knobby chew tubes
www.especialNeeds.com		
	FDMT School Specialty	Most indestructible chew tube – free of phthalates and latex
	- School Specialty	ARK Z-vibe – provides vibration inside mouth

	School Specialty	Chewelry – comes as a bracelet or necklace
		Chewelry-home made braided fabric – works as a good substitute for children who chew on their clothes
o o barreron	available through School Specialty	- for children who chew on their clothes
	available from Toys R Us	Vibrating teether-
Adaptive chew/oral items	-straws, stir sticks -bubble gum -battery operated toothbrush	-deep pressure seeking -vibrations
Foods for chewers	Bagels, granola bars, whole carrots, fruit leather, French bread	
Tastes for oral sensory input	Sweet- calming	

	Sour-alerting Crunchy- alerting and regulating Spicy – increases tone in low tone kids	
Sucking	-kazoos and straws -longer twisty straws to increase suck (TalkTools) -suck milkshakes and puddings thinned with milk -hard candy (mint is more alerting and caramel is more calming) -fruit popsicles -lollipops	-calming
Blowing	-bubbles -straws (blowing feathers) -dandelions (summer time) -ping pong hockey Horns of graded intensity (TalkTools)	-calming -get on hands and knees and blow bubbles through a straw- increase intensity by blowing bubbles up through cheese cloth
Drooling	-bandanas (ie bibs) -terry sweat bands on wrist for wiping mouth when drooling	-more purposeful clothing for drooling